



## **“Praying in a Panic”**

*Romans 8:26-27 | 05.07.23*

### **Sermon Recap**

- It is not uncommon to feel uncomfortable praying privately, and even more in a social situation. We might stumble over our words or use words incorrectly or just not know what to say.
- Jesus, however, cautioned against the other extreme of turning prayer into a show. God doesn't care about our words; God just wants to be in relationship with us.
- Even when we can't find words to pray, God's Spirit knows our hearts and intercedes on our behalf.
- In the times that we are so troubled we can't find words to speak, we can trust that all things will work together for good to those who love God and are called according to God's purpose, and we can trust that nothing in heaven or on earth can separate us from God's love.

### **Questions for Reflection and Discussion:**

1. What seasonal food (e.g., fresh corn, watermelon) do you especially enjoy most during the warmer months?
2. When you read/listen to the Romans 8:26-27, what stands out to you? How does this passage of Scripture speak to you?
3. What is your biggest struggle when it comes to prayer? (e.g., Do you ever feel like your words are inadequate?)
4. What reassurances can you take away from this week's message when you find yourself in a time when you are praying in a panic?
5. How have you witnessed God's grace recently?
6. How can we pray for you?